

The 168th Air Refueling Wing will use the Giant Voice system and ground burst simulators during their Operational Readiness Exercise 7 a.m.-7 p.m. Saturday and Sunday. Call 377-8722.



Operational Readiness Exercise Phase II briefings take place 7 a.m., noon and 5 p.m. Wednesday at the base theater. All ORE participants need to attend at least one.



Wrestling club wins 14 medals

SEE Page 6

Eielson Air Force
Base, Alaska
Home of the Iceman Team

Arctic Sentry

May 13, 2005
Vol. 45, No. 19

“To Fight and Support the Fight - Any Time, Any Place”

**Iceman DWI
goal is 60 days
6 days left
Call 377-RIDE**

Around Eielson

A quick look at what's going on

Today
► Base theater: **Sin City**, (R) 7 p.m.

Saturday
► Base theater: **Beauty Shop**, (PG-13) 7 p.m.

► 10 a.m. to 4 p.m. Services Summer Expo takes place at the fitness center.

Sunday
► 9 a.m. to 1 p.m. Family buffet is served at the Yukon Club. Call 377-2635.

► Base theater: **Sin City**, (R) 7 p.m.

Monday
► 5 p.m. Build your own hoagie pizza at the Yukon Club.

Tuesday
► 5 p.m. Prime rib and cook your own steak night at the Yukon Club.

Wednesday
► 5 p.m. Family style buffet at the Yukon Club.

Thursday
► 5 p.m. Pasta Extravaganza at the Yukon Club.

► Base theater: **Beauty Shop**, (PG-13) 7 p.m.

May 20
► 5 p.m. Seafood dinner special at Yukon Club.

► Base theater: **The Upside of Anger**, (R) 7 p.m.

Swallows return to Eielson

by Senior Airman Jasmine Reif
Eielson Natural/Cultural Resources

Cliff swallows have returned to Eielson to build their summer nests, bear their young, and feed on Alaskan mosquitoes.

“Unfortunately, many choose the eaves of buildings for their summer homes and create unsightly messes,” said Brent Koenen, Eielson’s Natural and Cultural Resources chief.

Federal law prohibits the destruction of nests containing eggs or young. Swallows have started nesting and the young will leave the nest about July 21.

“Please do not destroy nests with eggs or young birds present, said Mr. Koenen. “If you don’t want swallows nesting on your eaves, you must remove the nests daily, through July 21.”

Although swallows may create eyesores, they pose no apparent health problems. Droppings accumulating on a building can be washed down with a garden hose. For more information please call natural resources at 377-5182.

For Sale Board moves to base website

by Capt. Bradley Jessmer
354th Fighter Wing Public Affairs

After a complete overhaul, the new Eielson For Sale Board is now open for business, granting access of sale items to Eielson families on and offbase through the internet.

“The For Sale Board has two components,” according to 2nd Lt. Christian Braunlich, 354th Communication Squadron network control center officer-in-charge. “One component is internal to the Eielson

network and the other is open and readable by anyone on the internet.”

“The old system was too hard to use,” said Brig. Gen. Marke Gibson, 354th Fighter Wing commander. “We needed something that would grant access to dependants and share the opportunity to buy and sell online—an Ebay for Eielson. I believe we now have that.”

Eielson personnel will be able to post information once they register their e-mail address. According to Lieutenant Braunlich, when

a user clicks on the link to register, which can be reached from clicking on the For Sale Board link on the base intraweb page, they are asked to provide their Eielson e-mail address, along with a password. Once that information is submitted, an e-mail is sent automatically to their Eielson e-mail address with a username (generated from the first.last of their e-mail address) and a link to activate the account. Once they’ve clicked the link, users can then begin to post.

The link for a new post brings users to a page that requests their username, password, a general category (For Sale, Want to Buy, or Garage Sale) for the post, and a subject and body for the post.

“Posting and registering can only be done from the Eielson network,” according to Capt. Marsaillus Belton, 354th Communications Squadron acting commander. “From the external website, messages already posted can be viewed, just as from the internal website.”

When viewing a post, the subject, date posted, and category are displayed on the main page. According to Lieutenant Braunlich, by clicking on a post you can bring up the post’s subject, as well as the name of the user who made the post. Clicking on the username will show all of the posts that user has made that are currently active. From the main page, it is also possible to filter the posts by category.

See **Website**, Page 2

PACAF honors voice network

Master Sgt. Andrew Gates
354th Fighter Wing Public Affairs

Pacific Air Forces recognized the men and women who ensure Iceman Team communications remain clear, naming them as the best Small End Office Switch for the second straight year.

The voice networks branch competed against 27 other sites in PACAF for the recognition, said Master Sgt. Troy Baird, 354th Communications Squadrons voice networks section chief. The branch, originally known as telephone maintenance, is responsible for maintaining all telephone lines on base.

“The job is quite extensive,” said Sergeant Baird. “Not only do we ensure the standard telephone lines operate, we provide the paths for other types of communication – including alarm activations, video and data processing and video teleconferencing. That’s one of the reasons why the Air Force changed our name in September 2004.”

See **Award**, Page 2

2004 Annual Maintenance Awards Banquet Thirty eight Icemen honored for excellence

compiled from staff reports
354th Maintenance Group

Who are the “best-of-the-best” aircraft maintainers? That question was answered at the Annual Maintenance Awards banquet April 30 at the Aurora Club.

More than 325 maintainers and honored guests partied in true maintenance fashion to honor more than 100 nominees and 38 maintenance award winners.

The banquet featured four short videos to set the tone of the evening. “The first video featured action shots of the award nominees in each category. The second video honored all the maintenance professionals and the tough job they perform every day. The third video had the entire crowd roaring with laughter,” said 1st Lt. Margaret Van Curler, 18th Aircraft Maintenance Unit assistant officer-in-charge. “And the final video showed pictures of the “best-of-the-best” award nominees.”

Brig. Gen. Marke Gibson, 354th FW commander, wrapped up the evening with a presentation of the Pacific Air Forces Maintenance Effectiveness Award plaques to both the 354th Maintenance Squadron and the 354th Aircraft Maintenance Squadron.

See **Banquet**, Page 2

2004 Eielson Maintenance Award winners

PACAF Outstanding Maintenance Support Systems Performers: SMSgt Carl Rodgers; TSgt Keith Kohrs; SrA Joey Vargas
PACAF Outstanding Maintenance Performers: MSgt Joseph Hollis; TSgt Christopher Wellman; SrA Dustin Norton; Kevin Lehmkuhl
CMSgt Barnes Crew Chief of the Year: SSgt Adam Willeford
Weapons Load Crew of the Year: SSgt Timothy Hendrickson; SrA John Mitchell; SrA Bradley Bounds
Aircraft Maintenance Category: Maj Timothy Kirk; Capt Steven Collen; MSgt John Greth; TSgt Richard Richardson; SrA Steven Brooks; Thomas Ross
Munitions Category: Maj Kevin Gulden; 1st Lt. Matthew Larsen; MSgt Donnie Lively; SSgt Nicolas Blace; SrA Curt Mitchell
General Lew Allen, Jr., Trophy: Maj. Timothy Kirk; SMSgt Scott Smith
Gen Thomas P. Gerrity Award: Maj. Kevin Gulden
354th MOS Maintenance Professionals of the Year: MSgt Joseph Hollis; TSgt Keith Kohrs; SrA Dustin Norton
354th AMXS Maintenance Professionals of the Year: SMSgt Daniel Hudson; TSgt Randall Spurling; SrA Doel Gonzalez
354th MXS Maintenance Professionals of the Year: MSgt John Greth; SSgt Stephen Scofield; SrA Kristopher Prouty; Ronald Lutrell
354th FW Maintenance Professional of the Year “Best of the Best”: MSgt Joseph Hollis; TSgt Randall Spurling; SrA Doel Gonzalez

BRAC: Information available for Airmen of affected bases

by Master Sgt. Mitch Gettle
Air Force Print News

WASHINGTON – The secretary of defense is expected to announce the proposed Base Realignment and Closure list during a press conference today.

Air Force officials said they understand the effect BRAC can have on servicemembers, retirees, employees and their families.

To assist people with vital BRAC information, the Air Force will provide a toll-free number, (888) 473-6120, for military and civilian members affected by the BRAC list. Besides the toll-free phone number, the Air Force has an informative BRAC Web page at www.af.mil/brac.

“This number will be available starting May 13 from 8 a.m. to 8 p.m. (EDT) until further notice,” said Col. Thomas Fleming, Air Force BRAC response cell director. “We will have trained people from 10 different Air Force organizations to answer or assist with any questions people may have.”

Airmen can seek information through their chain of command. They may also contact the public affairs office at their nearest Air Force installation.

BRAC is the congressionally authorized process the Department of Defense uses to reorganize its base structure to more efficiently and effectively support its forces, increase operational readiness and facilitate new

ways of doing business.

“People are our most valuable asset; and though BRAC is a careful and impartial analysis, people will be affected,” Colonel Fleming said. “We care about our people, and we want to keep our people informed and provide them the best possible information on the changes that will affect them.”

The Air Force Web page will have a breakdown of affected bases from the BRAC list, said Jeff Whitted, Air Force News Service operations division chief.

“We will also have links to frequently asked questions, news articles, and DOD and Air Force information concerning BRAC,” he said. “As we receive new information, we will post it to this page.”

Local communities surrounding these installations will also be affected. Communities can address their concerns with the president’s commission at regional BRAC commission meetings or by contacting the commission at (703) 699-2950 for more information. Phone hours are 7 a.m. to 6 p.m. EDT, Mondays through Fridays.

The BRAC process will take months to be finalized. The secretary of defense’s BRAC recommendations are not final. The president’s BRAC commission will review the list for conformity with the office of the secretary of defense’s force structure plan and published selection criteria and report its findings and conclusions to the president by Sept. 8.

Law Day focuses on students

by Airman Justin Weaver
354th Fighter Wing Public Affairs

Ben Eielson High School teamed up with legal experts from the 354th Fighter Wing legal office May 3 to celebrate Law Day, focusing on America’s concept of liberty under law and how the law supports democracy.

“Law Day is an opportunity for the American and State Bar Associations and other law agencies to celebrate the positive aspects of law in our society as well as communicate

with general aspects of law and how it applies to them,” said Capt. Michael Tewalt, 354th Fighter Wing Legal Office assistant staff judge advocate.

More than 120 students and five teachers participated in the daylong event at BEHS.

The students were very engaged throughout the day, Capt. Tewalt said. “They were extremely interactive with our legal team,” he said. “They took advantage of the time they had to learn by asking questions on law and how it affected them.”

Classes taught that day included

information on living wills, current events and laws regarding active duty military members and their families.

“Law Day was very productive for the students and it fit right into what we have been talking about in class,” said Liz Hursh, BEHS economics teacher.

“I hope the students left that day with a better understanding of some of the more basic laws and how they can affect their lives,” Capt. Tewalt said. “That the freedoms we enjoy, we enjoy because we live under well-established laws.”

ICEMEN DEPLOYED



Iraqi Freedom - 105
Enduring Freedom - 96
Other - 8
Total = 209
As of May 9

Today

High 66, Low 41
Few Showers
Daylight:
18 hrs., 25 mins.



WEEKEND WEATHER

Saturday

High 70, Low 43
Partly Cloudy
Daylight:
18 hrs., 33 mins.



Sunday

High 74, Low 46
Partly Cloudy
Daylight:
18 hrs., 39 mins.



Website from Page1

Simply put, people who want to look only at Garage Sales can select Garage Sales from the drop-down menu. The system will bring up all of the posts that are in the category Garage Sales.

“Users must aware that any personal contact information they post can be viewed by anyone with an internet connection,” said Captain Belton.

According to Lieutenant Braunlich, the new For Sale Board will be a drastic change from the old system. “The biggest difference is that we’ve greatly increased the buyer population through use of the Internet.”

To view the new For Sale Board, use the following addresses:

Internal: <http://forsale.eielson.af.mil>

External: <http://www.eielson.af.mil>

Award from Page1

The team won the award again for many reasons, said Sergeant Baird. Prevalent among them was a multi-million dollar telephone switch renovation.

“Eielson has more than 6,000 active telephone numbers. To keep from impacting our customers, we initially moved all those numbers to spare equipment – putting as many lines as we could on those,” he said. “As we got new cabinets, we moved numbers to the new equipment. Over the five-month transition, we made more than 20,000 two-wire connections.”

At the same time, the team deployed three people to Korea for five months to support a tactical communication requirement, Sergeant Baird continued.

“Despite our heavy workload and switch renovation, our technicians were able to keep the telephone switch operational with a 99.999 percent service rate,” he said.

Rather than resting on its laurels, the branch is already looking to the future for improvements to the voice network.

“We want to make sure our customers have emerging technologies when they are available and where they need them,” he said. “For instance, we are working to get caller ID capabilities between base housing phones and work phones.”

Whatever you call the team, Sergeant Baird emphasizes the team’s commitment to good service.

“We may have a new name, but we are providing the same reliable service the Iceman Team expects,” he concluded. “We are here to make certain your voice services are available to you all the time, every time.”

Banquet from Page1

“No event of this magnitude can be successful without a great team, and this one was no exception,” said Chief Master Sgt. James Young, 354th Maintenance Group superintendent. “The banquet committee worked more than two months ensuring that not a single detail was overlooked.”

The evening was kept short, but the theme was clear. “Maintainers work hard and they play hard and these are the “best-of-the-best,” said Chief Young. “The Iceman maintenance team rocked in 2004 and acquired nine PACAF and two Air Force level awards!”

MEET THE 354TH AMXS COMMANDER

Name: Maj. Rick Petito
Time in Service: 16 years
Hometown: Norman, Okla.
Family: wife, Shannon Kay, and pets, Wilson, Cosmo, Nero, Squeaky
Past duty assignment: Air Command and Staff College faculty, Maxwell AFB, Ala.



Major Petito

Biggest challenge faced so far in Air Force career: There have been many “one-time” challenges that I’d classify as extraordinary, but as a whole, I’d have to say training. Since I was commissioned in 1989, it has been a constant leadership test, to balance training, manning and operational tempo. I believe the Squadron’s shared values and effort will ensure we pass this test which will, quite possibly, have the biggest impact on the successes of our organization.

Person who has had the biggest impact/effect on your life and why: My wife Shannon...she is truly phenomenal. She has revitalized the importance of family in my life and has taught me how to truly care

for people. If I could choose just one of her qualities to emulate, it would be her selflessness. I have never known her to put her personal interests ahead of anyone. A really wonderful character trait!

Work philosophy: I define work philosophy as a clear vision...the organization’s future state. I believe a vision should encompass the mission and values of that organization and “frame” the work ethic the members work within. In aircraft maintenance, the mission revolves around force development (training), the aircraft, and the equipment needed to support them. The values important to me, within the context of aircraft maintenance, are: a disciplined force, teamwork, and readiness. These values, in concert with the Air Force core values, hone an elite team of technicians that know the published guidance and follow it, and when called upon, are ready to generate and deploy in support of our national security interests. The 354th AMXS has a reputation that is second to none and I am humbled to join a team that embodies these values and many more. After taking command, the squadron’s senior leadership and I will work together to fuse a strategic plan that will eventually make our vision a reality.

DWI CLOCK

MAINTAINED BY THE 354TH MAINTENANCE SQUADRON

<p>Iceman Team goal is 60 days without a DWI.</p>	<p>Days without a DWI:</p> <p>54</p> <p>Days until goal:</p> <p>6</p>	<p>Airmen Against Drunk Driving volunteers gave 10 rides last weekend and have ‘saved’ 4,036 lives.</p>
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Armed Forces Day
Air Force officials send message

WASHINGTON (AFPN)—The following is an Armed Forces Day message from Acting Secretary of the Air Force Michael L. Dominguez and Air Force Chief of Staff Gen. John P. Jumper:

“In the first presidential proclamation for Armed Forces Day in 1950, President Truman said the day ‘marks the first combined demonstration by America’s defense team of its progress . . . towards the goal of readiness for any eventuality.’

“The theme of that first Armed Forces Day was ‘Teamed for Defense,’ expressing the new unification of all the military forces under a single department of the government—the Department of Defense.

“Through more than five decades our military members—Airmen, Soldiers, Sailors and Marines—have teamed with our civilian partners to build the greatest military in the world. This joint team is ‘Teamed for Defense’ like never before and America’s Airmen are seamlessly integral to our joint force.

“More than 25,000 Airmen—active duty, Guard and Reserve—are deployed supporting operations in Iraq, Afghanistan and around the world. On the ground, in the air and from space, Airmen bring overwhelming air and space power to bear for the joint team, for our nation, and for our allies in the war on terrorism.

“On the ground, our battlefield Airmen serve alongside infantry and special operations units, directly integrating air and space power. Airmen from 16 different combat support skills are driving trucks, providing convoy security, guarding prisoners and interrogating detainees. Airmen have refocused C-130 Hercules and C-17 Globemaster III airlift missions to reduce the number of convoys on Iraqi roads by nearly 350 trucks a day.

“In space, we’re maintaining the continuous flow of communications, surveillance, precision navigation and targeting for the joint team. At home, we continue flying more than 6,200 sorties annually, ensuring the security of our sky.

“Airmen are also providing security and stability operations on the Korean peninsula and counterterrorism support in the Horn of Africa. Following the tragic south Asian tsunami, Airmen flew more than 15 million pounds of food, supplies and equipment into the area.

“On this Armed Forces Day, America pays homage to our military men and women who have served and are serving our country so nobly on many fronts. Our Airmen and their families are extraordinarily committed to a cause much greater than themselves.

“If you wear the uniform of the United States military, be proud.- You have earned the respect of a grateful nation. Thank you for your sacrifice, devotion and courage.

“We are honored to serve with you. May God bless each of you, your families and our great nation.”

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“We are honored to serve with you. May God bless each of you, your families and our great nation.”

Bad breath has many possible causes

by Senior Airman Jasmine Reif
354th Public Affairs Office

Most people occasionally have bad breath, but a few have a condition called halitosis, which causes persistent bad breath.

“Some people with bad breath aren’t even aware there’s a problem,” said Capt. Justin Barber, 354th Dental Clinic dental officer. “However, if you’re concerned about bad breath, see your dentist. He or she can help identify the cause and, if it’s due to an oral condition, develop a treatment plan to help eliminate it.”

Eating certain foods affects the air exhaled when breathing, which is a possible cause of bad breath.

“Certain foods, such as garlic and onions, contribute to objectionable breath odor,” said Captain Barber. Once the food is absorbed into the bloodstream, it is transferred to the lungs, where it is expelled. Brushing, flossing and mouthwash will only mask the odor temporarily. Odors continue until the body eliminates the food.”

If brushing and flossing don’t occur daily, particles of food remain in the mouth, collecting bacteria, which

can cause bad breath. Food that collects between the teeth, on the tongue and around the gums can rot, leaving an unpleasant odor.

Bad breath can also be caused by dry mouth, also known as xerostomia, which occurs when the flow of saliva decreases. “Saliva is necessary to cleanse the mouth and remove particles that may cause odor. Dry mouth may be caused by various medications, salivary gland problems or continuously breathing through the mouth, Captain Barber said. “If you suffer from dry mouth, your dentist may prescribe artificial saliva, or suggest using sugarless candy and increasing your fluid intake.”

There are a few things members can do to maintain good oral health.

“Good oral health is essential to reducing bad breath,” said Captain Barber. “Schedule regular dental visits for a professional cleaning and checkup. Brush twice a day with fluoride toothpaste to remove food debris and plaque. Brush your tongue, too. Once a day, use floss or an interdental cleaner to clean between teeth.”

For more information surf to www.ada.org or call 377-1846 to make a dentist appointment.

- NAMES TO NOTE -

Outstanding CDC scores

Senior Airman James Surey
354th CES
10211, 96 percent

Staff Sgt. Joshua Gutzman
354th MXS
2A672, 95 percent

Airman 1st Class Nathan Aguilera
354th CES
10028, 92 percent

Airman 1st Class Timothy Husketh
354th LRS
2T352B, 92 percent

Eielson Officer and Enlisted Spouses Club's Scholarship Awards

The following Icemen were awarded college scholarships at the annual Officer and Enlisted Spouses Club's Scholarship Ice Cream social Saturday at the Aurora Club:

Spouses
Maricar Sweet \$2,291
Katherine Just \$1,791
Janelle Perry \$1,291

Continue education
Michael Broderick \$2,291
Jennifer Haberin \$1,791
Emma Schleiger \$1,291

High school senior
Tisah Quarnberg \$2,291

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Editorial content is edited, prepared and provided by the public affairs office of Eielson AFB. All photos are official Air Force photos unless otherwise indicated. The deadline for submission of articles for publication in the *Arctic SENTRY* is 4 p.m. Friday, seven days prior to the publication date.

Best Metro Format Newspaper in PACAF 2003-2004

Editorial staff

Brig. Gen. Marke Gibson
Commander,354th Fighter Wing

Capt. Bradley Jessmer
Chief, Public Affairs

Staff Sgt. William Farrow
Chief, Internal Information

Senior Airman Jasmine Reif
Editor

Airman Justin Weaver
Staff Writer

HALL OF FAME

The Hall of Fame is a program for group commanders to recognize Airmen for excellent job performance.



Airman 1st Class
Jonathan Sell
Communications Infrastructure Technician
354th CS
Prescott, Ariz.

“He augmented the communications focal point during the month of March. During that time, he provided outstanding customer support while quickly learning a new job. His great attitude and attention to detail make him a valued asset to the CFP.”



Staff Sgt.
Scott Fletcher
Structural Journeyman
354th CES
Ulster, Penn.

“He supervised four personnel during range build-ups in remote locations and in extreme temperatures. He led construction of two ice bridges and over 70 miles of ice road in -30 degree weather to support massive re-supply efforts at Blair Lakes and Oklahoma Ranges. This is only the second time two ice bridges have been constructed in the same winter season.”



Senior Airman
William Hunter
Munitions Controller
354th MXS
Cookeville, Tenn.

“He is an outstanding munitions controller. He implemented the munitions control 2000, Version 4.1 database upgrade. This significantly improved the tracking of \$15 million in equipment and 177 personnel. Additionally, he expertly coordinated munitions deliveries for four different fighter squadrons participating in Cope Thunder 05-01.”



Joe Nolin
Chief of Base Development
354th CES
Urbandale, Iowa

“He is heavily involved in many projects that are improving the Eielson community. He has assisted with the fitness center renovation, ski lodge renovation and installation of the skeet trailer. Joe is a swim coach for Eielson youth during his off-hours. He is heavily involved in the local community including volunteering at Habitat for Humanity and Creamer's Field.”



Airman 1st Class
Samuel Webber
Aerospace Medical Service Journeyman
354th MDOS
Palmer, AK

“As new arrival at Eielson, he excels at meeting the needs of his patients. His dedication to superior service was evident when he stepped up and assisted in providing emergency care to a patient in serious condition.”

13 FRI Family Bingo takes place 5:30 p.m. at the community center. Pay \$3 for 10 games. There will be trivia questions, snacks and prize give-aways. Call 377-2642.

Set up for the Services Summer Expo begins at 1 p.m. at the fitness center. Basketball and volleyball courts will close at this time. Call 377-2857.

The Pacific Air Forces Pack-Em-In Teen Lock-In begins 10 p.m. today at the youth center. For reservations or for more information, call 377-3194.

14 SAT Free hot dogs and flavored water, candy samplings, drawings and discounts take place 11 a.m. to 2 p.m. at the base exchange.

The Services Summer Expo takes place 10 a.m. to 4 p.m. at the fitness center. The expo brings area vendors to base who offer tour and travel information, outdoor experiences and

“how to” demonstrations on scuba and kayaking in the pool. Outdoorsman and author Chris Batin will teach hunting and fishing seminars and outdoor recreation will display their collected outdoor gear available for rental. Call 377-4880.

Karaoke for adults takes place 9 p.m. at the Deadhorse Saloon. Call 377-2635.

The Pitch, Hit and Run for youth 7-14 years old takes place noon to 2 p.m. at the fitness center. PHR provides children across the country the opportunity to participate in a baseball skills competition. Call 377-1069.

America’s Kids Run, the Armed Forces 5K and the Pet Owner walk or run takes place 8 a.m. at the fitness center.

15 SUN The community center is open 1-6:30 p.m. Sundays. Activities include miniature golf, a game room, computer room, video arcade, indoor playrooms and a family fitness room. Party

rooms are available for reservation. Call 377-2642.

16 MON Start Smart Baseball for children age 3-5 years old begins June 7 at the youth center. Register Monday through May 27. The six-week sessions cost \$25. Call 377-3194.

17 TUE A terra cotta flower pot decorating class takes place 10:30 a.m. at the community center. Call 377-2642.

18 WED A family-style buffet takes place 5-8 p.m. at the Yukon Club.

20 FRI Family bunco takes place 5:30 p.m. at the community center. Cost is \$3. Call 377-2642.

21 SAT A custom fly rod building class takes place 8 a.m. to 6 p.m. at the arts and crafts center. Cost is \$40. Sign up at arts and crafts or call 377-4880.

AROUND TOWN

Information, Tickets and Travel has tickets for Blues Clues Live Birthday Party at the Carlson Center. Tickets go on sale today. Prices range from \$15.50 to \$39.50 plus outlet fee. For more information, call 377-4880.

The Alaska Department of Fish and Game is hosting its annual Kids’ Fish and Game Fun Day 11 a.m. to 4 p.m. at 1300 College Road. Activities include a fishing pond stocked with rainbow trout and Arctic grayling, fish T-shirt printing, aquatic insects, bow and arrow classes and more. Admission is free. Call 459-7228.

RV storage removal

Icemen with items stored in the RV storage lot must ensure thier storage fees have been paid by May 31. Starting June 1 all unapproved RVs, boats, trailers, and recreational items will be removed from the lot. Call 377-1328.

CCAF academic advising

Icemen interested in finishing their Community College of the Air Force Applied Associate Degree, can call Anna Zelinski at 377-5106 for an overview of degree requirements and applicable college courses and CLEP/DANTES exams.

Army motorcycle policy

The following newly implemented Army motorcycle policy applies to all individuals who operate a motorcycle or are a passenger on a motorcycle on an Army post.

- All motorcyclists must, before any operation, successfully complete an approved Motorcycle Safety Foundation approved course.
- Operators will have in their possession a valid license with the appropriate endorsement and a MSF course completion card.
- Motorcycles may only be operated when road conditions are determined to be “green” as indicated by road condition signs at installation access control points.

All operators and passengers on motorcycles must, at a minimum, wear the following motorcycle items:

- Helmet — certified to meet Department of Transportation standards and properly fastened under the chin.
 - Goggles or face shield — impact or shatter resistant goggles or full-face shield protection attached to the helmet. A windshield or eyeglasses alone are not sufficient.
 - Footwear — sturdy footwear, leather boots or over-the-ankle shoes. Tennis shoes, sneakers or sandals are not sufficient.
 - Clothing — long sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens designed for use on a motorcycle.
 - Reflective safety vest — upper body lime green or international orange reflective safety vest with reflective strips stitched, ironed or otherwise affixed to the vest on both the front and back sides.
- Violations of this policy will result in the following administrative sanctions:**
- First violation — one week suspension of installation driving privileges.
 - Second violation within a 12-month period — one month suspension of installation driving privileges.
 - Third violation within an 18-month period — one year suspension of installation driving privileges.

Officer’s call

An officer’s call takes place 3:30 p.m. June 3 at the Aurora Club.

Tuition assistance program

The spouses tuition assistance program provides partial tuition assistance for spouses of ac-

tive duty Airmen. Spouses must accompany members to overseas locations and take courses through accredited schools in the local area. Individuals who wish to participate must submit a completed application for TA each term to the base education and training office, 2623 Wabash Ave. Room 103. The application deadline for the summer 2005 term is May 20. Call 377-5106.

Angel awards

The Angel Awards take place 11 a.m. May 20 at the Yukon Club. The awards recognize outstanding volunteers from the past year. For more information and to order lunch call 377-5110.

National Prayer Breakfast

The National Prayer Breakfast takes place 8 a.m. Thursday at the Yukon Club. Cost is \$5. For more information, call 377-2130.

Operation Camp Purple

Registration for Operation Camp Purple continues at the family support center. OCP camps provide summer camp experiences for more than 2,000 children whose parents are deployed. The camp takes place July 17-23 for children ages 9-15 at the Lost Lake Scout Camp. Call 377-2178 or 4211.

Holiday light removal

All exterior holiday display lights must be removed from the exterior of quarters today. Housing inspectors will conduct outside inspections to ensure residents have accomplished this requirement beginning today.

EOSC social

The Eielson Officers’ Spouses’ Club May social takes place 6:30 p.m. Thursday at the Aurora Club. Reservations are required. For more information and reservations call 372-1856.

BEHS event assistance

The Ben Eielson High School senior class “Grad Bash 2005” takes place May 23-24. To help with set-up and take-down, call Brad and Linda Quarnberg at 372-3053 or email qbart@gci.net.

Police week

Icemen can celebrate police week with the 354th Security Forces Squadron from 4-6 p.m. Thursday at Heritage Park. There will be a cannon demonstration and weapons and vehicle displays. Call 377-3133.

JROTC Leadership Camp

JROTC is seeking active duty members to assist with this years upcoming camp. Camp begins June 2-11. For more information call Greg Corbett at 372-3110, ext. 4149.

Global address upgrade

Pacific Air Forces will perform a scheduled three week upgrade to improve e-mail services starting Today. Users will not be able to look up contact information of people outside of PACAF using the ‘Address Book’ or ‘Check Name’ features. Call 377-2666.

ACCESS EIELSON

Editor’s Note: Access Eielson is the central source for all base helping agencies. All activities take place at the family support center unless otherwise noted. For a list of other classes and programs call 377-2178 or surf to www.eielson.af.mil. Please RSVP for classes.

Classes

Credit Management, 11:30 a.m. to 1 p.m. Monday
Sponsorship Training, 9–10 a.m. Tuesday
Children of Divorce, 3:30-5 p.m. Tuesday
Crock Pot Cooking, 5-7 p.m. Wednesday
Kids on the Move, 3–4p.m. Friday
Hearts Apart Monthly Social, 5:30–7:30 p.m.

Programs

Deployment Briefings - Every Tuesday and Thursday, singles at 9 a.m. and 3 p.m. and married at 9:30 a.m. and 3:30 p.m.
Smooth Move, 9-11:30 a.m. every Wednesday.
Polar Stroller Rollers, 11 a.m. to 1 p.m. every Wednesday at the youth center gym.
Breastfeeding Support Group, 10-11 a.m. every Thursday at life skills support center.
Pre-Separation Briefing, 2-3 p.m. every Thursday. Mandatory 90 days prior to separation.
Pet Sitters List, Identifies community members who are available to care for your pets in your home while you’re away from your base housing unit.

Volunteer opportunities

The **Eielson Thrift Shop** is looking for helpers with customer service.
Big Brothers, Big Sisters is in need of mentors. For just an hour per week, you can make a difference in a child’s life.
The **Literacy Council of Alaska, Fairbanks** is looking for volunteers at the bookstore, including cashiers, shelf stockers, cleaners, book sorters, photocopiers, painting and cleaning.

COMMANDER’S CORNER

Commander’s Hotline — 377-6100

The Hotline is your opportunity to get your issues and comments directly to me so I can address them.
Before you call the hotline, however, I strongly encourage you to give the unit involved, your first sergeant or commander a shot at resolving the issue. The Iceman Team takes care of its own, but you should give these people the chance to help. Please leave the names and organizations of the people you’ve contacted who have been unable to satisfy your concern, and I will look into the problem.
Your confidentiality will be respected at all times. Thank you!

Brig. Gen. Marke Gibson
354th Fighter Wing commander

AAFES	372-2139	Housing management	377-2244
CE customer service	377-2100	Inspector general	377-2109
Chaplain	377-2130	Military personnel flight	377-2276
Dining facility	377-2536	Legal	377-4114
Family support center	377-2178	Public affairs	377-2116
Finance	377-1851	Services	377-2857
Fraud, waste & abuse	377-2109	TRICARE	377-5235, Ext. 2

Newspaper deadline

The Arctic Sentry deadline is close of business Friday prior to the following Friday’s publication. E-mail submissions to editor@eielson.af.mil or ARCTIC SENTRY on the global listing.

ECTV submissions

To post announcements on Eielson Community Television, e-mail ectv@eielson.af.mil or ECTV on the global. ECTV is updated daily and can be accessed by watching GCI’s channel 5 or ACS’s channel 14.

Air Force Link

Surf to Air Force Link at <http://www.af.mil> for Air Force news, radio, art, careers and history.



Three-pronged DUI deterrence also works for summer safety

by Chief Master Sgt. Richard Catahay
354th Medical Group

It has been quite a while now since I’ve seen a child without a helmet on a bicycle. I thought to myself things are looking up and I envisioned a safe and enjoyable summer. I’m guessing great parents and leaders are out in numbers enforcing safety standards in base housing. It was somewhat different last summer and fortunately there weren’t many serious injuries. I remember countless times driving through housing stopping to remind children of all ages to wear their helmets while riding their bikes or skateboards. For a very long time I thought I was the only “helmet police” on base. It was also very frustrating to see people speeding through base housing on their off-road vehicles. So on occasion I would wave to them to slow down. Not to make light of things, but it was my perception that I may have been the lone enforcer of housing standards. Don’t get me wrong, I’m all for having a good time, but be safe and smart about it. Otherwise it

can be tragic. During my past career as a paramedic, I’ve seen the horrific results of folks who ignored the rules and did not take some sort of safety precaution. Being a paramedic, a responsible parent and having an obligation as a senior NCO to enforce standards and commander’s policies is what motivates me the most. As the 354th Medical Group superintendent, I would rather see my emergency medical technicians bored to death than respond to a serious accident or injury (sorry guys, the less we see how good you are with your skills in real situations the better). Using required safety gear would help minimize these emergency calls. I visualize a safe and enjoyable summer as I continue to see our count go up for the number of days without a DWI. I believe we are all very mindful of our changing culture and embrace the words we see as we drive off base; the first prong of the three prong approach 1. Have a Plan, 2. Stick to the Plan, 3. When (the) Plan Fails, Use Safety Net. What a great concept to use for most everything,



“I predict a safe and enjoyable summer and we’re on the right road to do so. We must remember to be mindful of safety before taking risks”

Chief Master Sgt. Richard Catahay
354th Medical Group superintendent

especially if you think you’re going to be drinking alcoholic beverages. Isn’t it part of operational risk management? The second prong for DUI prevention applies to everything we do. It embraces the wingman concept. Aren’t we responsible for each other? Yes we are! Looking out for each other and each other’s families is what we normally do. It is also “Service Before Self” — an Air Force Core Value. The third prong is that we cannot afford to lose one member of the team. Medical

folks like me would render the best medical help when needed or required, but prevention is a better concept. Again, adopt prong one and two and we would minimize the chance of losing a member of our team. I predict a safe and enjoyable summer and we’re on the right road to do so. We must remember to be mindful of safety before taking risks. Be in compliance and help enforce these standards. It is our responsibility and obligation. Have a wonderful summer!

Ravens win 14 medals at state tournament



Staff Sgt. Julie Avey

Heads up
Justin Olsen,from the 168th ARW volleyball team, pummels the volleyball over the net onto the side of CTS during an intramural volleyball tournament at the fitness center May 4. OG took first; MXS took second; LRS took third and the 168th took fourth.



Photos by Sonya Bryce

— Racquetball Standings —

<u>Team</u>	<u>Points</u>
CES	24
168th	23
CTS	19
MDG1	18
MOS	13
MXS1	10
MXS2	10
COMM	5

Givin’ it all you got
Above, Del Bryce, son of Master Sgt. Ebby Bryce, 354th Operations Support Squadron, elevates his opponent for a reverse gut wrench in the Cadet 125-pound finals. Del placed first in the Greco-Roman and the Freestyle wrestling categories. Right, Nick Pederson (in red), son of Capt. Nick Pederson, pins his opponent using a front headlock. Nick placed third in the Bantam 50-pound division. The Eielson Raven Wrestling Club wrestled May 6-7 at the MacDonald Convention Center in Eagle River, Alaska at the Alaska State Freestyle and Greco-Roman Wrestling Tournament. The 16 base wrestlers won 14 medals, competing against more than 650 wrestlers.

